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# INTRODUCTION TO THE UDL

AND RATIONALE FOR ITS IMPLEMENTATION

Universal Design for Learning (UDL) and Inclusive Education

## MOTIVATION AND COMMITMENT

How to engage students.



How to present information and make it easy to understand

**Recognition Networks** 

**REPRESENTATION** 



## **ACTION AND EXPRESSION**

How to show what has been learned



**Affective Networks** 

Provide options for

#### **Recruiting Interest**

- Optimize individual choices, and autonomy.
- Optimize relevance, value, and authenticity.
- Minimize threats and distractions.

Provide options for

#### Perception

- Offer ways to customizing the display of information.
- Offer alternatives for auditory information.
- Offer alternatives for visual information.

Provide options for

Strategic Networks

#### **Physical Action**

- Vary the methods for response, navigation, and interaction.
- Optimize access to assistive technologies and tools.

Provide options for

#### **Sustaining Effort and Persistence**

- Heighten salience of goals and objectives.
- Vary demands and resources to optimize challenges.
- Foster collaboration and communication.
- Increase mastery-oriented feedback.

Provide options for

#### Language and Symbols

- Clarify vocabulary and symbols.
- Clarify syntax and structure.
- Support decoding of text, mathematical notation, and symbols.
- Promote understanding across languages.
- Illustrate through multiple media.

Provide options for

### **Expression and Communication**

- Use multiple media for communication.
- Use multiple tools for construction and composition.
- Build fluencies with graduated levels of support for practice and performance.

Provide options for

Self-Regulation

- Promote expectations and beliefs that optimize motivation.
- Facilitate personal coping skills and strategies.
- Develop self-assessment and reflection.

Provide options for

#### Comprehension

- Activate or supply background knowledge.
- Highlight patterns, critical features, big ideas, and relationships.
- Guide the processing, visualization, and manipulation of information.
- Maximize transfer and generalization of information.

Provide options for

# **Executive Functions**

- Guide appropriate goal-setting
- Support planning and strategy development.
- Facilitate managing information and resources.
- Enhance capacity for monitoring progress.

**Expert Learners** 

Purposeful and Motivated

Resourceful and Knowledgeable

Strategic and Goal-Directed

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